

THE THREE SEA CAPTAINS

Double Sicilian Circle – Jig

Two couples side by side facing two couples, Men with partner on their right.

- A 1 – 16 All circle left and right.
- B 1 – 8 Centre four dancers basket, **while** end Men swing opposite Woman.
 9 – 12 Taking hands in lines of four, all forward and back.
 13 – 20 Each left hand couple make an arch, all dip and dive, rather compactly round the set of four couples (left hand couples moving clockwise and right hand couples moving anticlockwise), plus one more change to progress.

This dance is easier though less exciting if B 9 – 12 forward and back is omitted and all B 9 – 20 is used for the dip and dive.