

# THE THAMES VALLEY DIAMOND

*Progressive Longways for even number of couples – Reel*  
*(two couples side by side facing two couples side by side having two 1st couples and two 2nd couples, Men with partner on their right)*

## *Introduction*

- 1 – 4 1st couples taking inside hands with partner, promenade a quarter of the way round each other and fall back up or down the set, 2nd couples moving up. (Four couples now form a diamond).
- A 1 – 4 With ballroom hold and pas-de-bas step, partners swing into the next place to the right (anticlockwise) round the diamond, where they face centre and balance.
- 5 – 8 Repeat A 1 – 4.
- 9 – 12 Repeat A 1 – 4.
- 13 – 16 Partners swing into the next place anticlockwise as before, then **while** 2nd couples balance moving down slightly into their original places, 1st couples continue swinging into each other's original places.
- B 1 – 4 1st couples ladies' chain half way, **while** 2nd couples also ladies' chain half way.
- 5 – 8 All four ladies' chain half way.
- 9 – 12 1st couples ladies' chain half way, **while** 2nd couples also ladies' chain half way.
- 13 – 16 All four ladies' chain half way (Men should now have original partner).
- C 1 – 4 1st couples only, two changes of rights and lefts, ending facing down (2nd couples wheel round to face up).
- 5 – 8 All two changes of rights and lefts with original neighbouring couple (progression) finishing facing anticlockwise round their group of four couples.
- 9 – 16 All promenade round to these same new places with left hands joined and Man's right arm round his partner's waist, ending with the Woman turning clockwise under their joined left hands, Men changing hands to inside hand and with couples facing across the set.

**Repeat dance three times. Do not forget the 'Introduction' which occurs each time.**

*Composed in 1971.*