

# PHILIDA OF UTRECHT

*Square set for 4 couples, progressive - Minuet*  
*Minuet step throughout, 1 minuet step takes two bars of music*

- A1     1 – 2     Holding inside hands with partner, all take first step forward, then Women continuing forward to left and Men moving backward to right to complete the minuet step, all make a double star facing clockwise with Women in centre with right hand;
- 3 – 8     All move round one place clockwise, where Men wheel Women round anticlockwise out of the star into square formation with 3 minuet steps;
- 9 - 16     Repeat the above reversing direction, i.e. Men in the centre with left hand for double star anticlockwise and Men wheeling partner round backward clockwise to finish in original place.
- A2     1 – 8     All pass corner giving left hand and right hand turn once round with opposite;
- 9 – 16     Pass corner again giving left hand and right hand turn with partner.
- B1     1 - 4     Men take one minuet step forward towards centre, turning right at the end and fall back one minuet step into next Man's place to the left;
- 5 – 8     All left hand turn with original corner;
- 9 – 12     Women take one minuet step forward, turning left and fall back into next Woman's place to the right;
- 13 - 16     All right hand turn with original opposite;
- 17 - 20     Joining left hands as well as right hands in allemande hold (as in the Gay Gordons), Men lead original opposite round to Man's original place.
- B2     1 - 4     Women right hand star three-quarters;
- 5 – 8     Women left hand turn with original left hand Man;
- 9 – 12     Women again right hand star three-quarters;
- 13 – 16     Women left hand turn with original partner;
- 17 – 20     Women right hand star half way, falling back beside original opposite.

***Repeat the dance once to get partner back.***

If it is wished to lengthen the dance, perform the last 4 bars as follows:-

- B2     17 – 20     Women right hand star half way, falling back beside original opposite.

***Then repeat the dance 3 times. (This will be found rather too long for most people's taste.)***