

PENGWERN VALLEY GALOP (CARLAM NANT PENGWERN) OR “WELSH GALOP”

Sicilian Circle formation – but men facing counter-clockwise, women facing clockwise

(1st Man on inside of set. 1st Woman on outside of set – standing side by side but facing in opposite direction)

- A1 1st Man and 2nd Woman four slipping steps away from set & 4 slipping steps back, *while* 2nd Man and 1st woman 4 slipping steps into centre of set (between others) and 4 slipping steps back,
- A2 All turning out, 4 slipping steps in same direction and back with dancer originally behind.
Stay facing in the same direction.
- B1 1st couples arm left and right, *while* 2nd couples arm right and left (arm with nearest arm to partner first)
- B2 All back to back with first “slipping” opposite.
All clap together, right, together, left – and pass on (right shoulder) in the direction one is facing i.e.
Everyone loses their partner.