

NIBS GOES WEST

Double Sicilian Circle — Hornpipe/Reel

(Two couples side by side facing two couples, Men with partner on their right)

- A
- 1 – 4 Lines of four go forward and back (walking step).
 - 5 – 8 The centre four people right hands across once round, *while* the left hand Man and the right hand Woman in each line cast out, and back to back right shoulder with each other, finishing close together. The right hands across should move round fairly fast and let go hands so that the Men move on outside the people doing the back to back and the Women cast left round them (walking step).
 - 9 – 12 Those who have just gone back to back move into the centre and right hands across, *while* the others back to back behind them (walking step).
 - 13 – 16 All swing partner (pivot step) ending in original places.
- B
- 1 – 4 Right hand couples half ladies' chain.
 - 3 – 6 Left hand couples half ladies' chain, dovetailing with the right hand couples.
 - 5 – 8 Right hand couples half ladies' chain back again.
 - 7 – 10 Left hand couples half ladies' chain back again.
 - 9 – 12 Right hand couples promenade diagonally across and wheel round.
 - 11 – 12 Left hand couples promenade across but do not wheel round.
 - 13 – 16 All swing partner to face new line of four.

Note: In each round couples in the same line change places.
In A the back to backs are always with the same person in the same line as yourself (not with your opposite).

Composed in 1964