

## GLADYS'S GALOP or GLADSOME GLADYS

### *Duple Minor longways – Reel.*

#### *1st couples improper, if preferred*

- A1    1 – 2    1st couple galop down between 2nd couple, who galop up on the outside at the same time.  
      3 – 4    2nd couple galop back to place down between 1st couple, who galop up on the outside to place.  
      5 – 8    1st and 2nd couples circle left once round (walking step).
- A2    1 – 4    Repeat A1 1 – 4, but beginning with 2nd couple galoping up between 1st couple.  
      5 – 8    1st and 2nd couples circle right once round (walking step).
- B     1 – 2    Taking inside hands with neighbour, all fall back away from partner (walking step).  
      3 – 4    Turn neighbour with both hands half way round (walking step).  
      5 – 8    All move forward into back to back with partner (walking step). All are now in progressed places.
- C     1 – 8    Double figure 8, 2nd couple casting down crossing up the middle, casting and crossing again to progressed places, *while* 1st couple cross up the middle, cast down, cross and cast again to progressed places, (single step or double step). Ideally, whoever is crossing from the right (from the Women's side) should pass in front of partner.

*Composed in April 1974*