

# THE AMERICAN HUSBAND OR HER MAN

## *Sicilian Circle with an extra couple – Reel*

**Formation:** Couple facing couple round the hall as for a Sicilian Circle, with an extra couple between and at right angles to them, facing the centre of the hall, making a square with the inner side open.

**1st couple facing round counter-clockwise, 2nd couples have their backs to the walls of the hall, and 3rd couples face round clockwise.**

- A1      1 - 6    All circle left in a ring of six once round.  
          7 - 8    All balance right and left to partner.  
          9 - 16   Giving right hand to partner, all grand-chain all the way round the set to original places.
- A2      1 - 4    1st and 2nd couples half right-and-left.  
          5 - 8    2nd and 3rd couples half right-and-left.  
          9 - 12   1st and 2nd couples half right-and-left again.  
          13 - 16 1st and 3rd couples half right-and-left.
- B1      1 - 12   All three ladies chain three times. Each time the women pass one man and chain the next, i.e. their corners.  
          13 - 16 All three couples promenade their partners out of the final ladies-chain, half-way round the set, so that 1st and 3rd couples change places and 2nd couple is now on the inside of the set. (As they approach new places, each man should put his partner in front of him, 1st man wheeling his partner round so they are ready to go off in the opposite direction. This enables everyone to move smoothly into the next figure.)
- B2      1 - 8    Shetland Reel. Each couple, acting as a unit with the woman in the lead followed closely by her partner, Walk a reel of three. 3rd couple start by cutting through the centre, then loop clockwise round their original position. 1st couple cut through the centre immediately after 3rd couple, passing them right shoulder, then loop counter-clockwise round their original position. 2nd couple follow 3rd couple, allowing 1st couple to cut in between and passing them left shoulder, and then cut through the centre themselves. Continue this until all are in the places from which they started the reel.  
          9 - 12   All swing partners with 1st and 3rd couples finishing back-to-back with each other, facing round the set in their original directions and 2nd couple on the inside facing out.  
          13 - 16 1st and 3rd couples promenade past the new couples facing them, men passing left shoulders, to meet the next new couple, *while* 2nd couple promenade across the set through the gap and wheel round into their original place.

NOTE: In each round of the dance, the 1st and 3rd couples progress two places, but dance with every 2nd couple round the circle. 2nd couples end in the same place and have two new couples to visit them.